



What is Thermo-Guard?

Composed of a unique composite material, Thermo-Guard is thinner than a traditional hard/soft guard, but durable enough for the active nocturnal bruxer. Thermo-Guard becomes flexible under hot water, making it easier to insert and more comfortable to wear. When the material cools to intraoral temperature, it becomes hard enough to protect your patients' teeth and restorations.

Compared to Hard/Soft Guards

- Thermo-Guard is Self Adjusting: Heat it under hot water and the guard will mold to the teeth
- Thermo-Guard is Less Bulky: Superior wearability and greater patient comfort as compared to traditional hard/soft guards
- Thermo-Guard has Faster Seating Time: Better fit reduces seating time and dimensional stability means fewer, if any, adjustments

Tip

When you receive the Thermo-Guard from the laboratory, it will have a cloudy appearance. The cloudiness will disappear in about 48-72 hours, leaving a nice clear acrylic nightguard.

Thermo-Guard softens slightly in warm water so it conforms more readily to tooth contours. Immediately prior to insertion, immerse the Thermo-Guard in hot tap water for 1-2 minutes. This simple step will allow for final customization designed for the patient's optimum comfort.

What to Send

- Full arch upper and lower VPS impressions
- Centric bite or open bite with 2mm of posterior clearance