

## Indications

- Snoring
- Obstructive sleep apnea

## Contraindications

- Severe bruxing
- Edentulism
- Central sleep apnea
- Mobile teeth

## Benefits of EMA

- Unobtrusive solution for OSA treatment
- Posterior stops provide additional airway opening
- Elastic straps provide unsurpassed lateral movement
- Lower cost than many other oral appliances

## Patient Care

- Clean the appliance every morning with cold water (NOT hot water), a toothbrush, and mild anti-bacterial soap
- The device can be soaked in denture cleaning solutions such as Polident or Efferdent only once per week
- The straps can be left on during the cleaning process
- Do not place the appliance in mouthwash or solutions containing alcohol
- Never allow the appliance near high temperatures

## What to Send

- Full upper and lower VPS impressions
- Centric bite registration

## Insurance Codes

- G47.33 Diagnostic Code: Obstructive Sleep Apnea
- E0486 Oral Appliance to Treat Sleep Apnea

If you are going to file for insurance to cover the costs of the EMA<sup>®</sup>, file for medical insurance, not dental insurance.

These codes have all had successful prior approval. Be sure to have a note of medical necessity signed by the prescriber and a description of the EMA and its function.