# Crystal Clear®

# Indications

- Prevent damage from parafunction
- Protect restorations
- Diagnose occlusal concerns

#### Contraindications

• Advanced periodontal disease

## Benefits of Crystal Clear

- Clinically Unbreakable: Made with Clear 450<sup>®</sup>, Crystal Clear's high flexural strength and hard smooth surface prevent patient wear and breakage
- Longer Wear: Crystal Clear lasts three times longer than acrylic bite guards
- Hygienic/Non-Allergenic: With no porosity and an absorption rate of nearly zero, Crystal Clear guards resist stain and odor and are easily maintained with brushing

## Patient Care

- Clean with antibacterial soap and cool water
- Store dry
- Do not use alcohol containing cleaners or breath fresheners

#### **Design Features**

- Flat occlusal plane for equal and simultaneous bilateral contact
- Minimal thickness and vertical opening for patient comfort
- Thin lingual contour for patient comfort
- Canine disclusion in working movements to prevent working and balancing canine interference

# Taking the Bite Registration

- Place two cotton rolls behind the cuspids and instruct the patient to close until resistance is felt
- With the patient closed into this open bite, inject bite registration material into the posterior openings of both quadrants
- Inject bite registration material into the anterior opening

#### What to Send

- Full arch upper and lower VPS impressions
- Open bite with 2mm clearance in the posterior

